

Dr. Malia Ho  
School of Primary and Allied Health Care  
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## Biography

Dr Malia Ho has a Bachelor of Podiatry (Hons) from the University of Salford (UK). She obtained her Masters (by research) from the National University of Singapore in 2002, and her PhD in Physical Education and Sports Sciences from the Nanyang Technological University (Singapore) in 2017. She completed her Graduate Certificate in Adult and Tertiary Education in 2020. She was Head of Course of the Podiatry program at Central Queensland University. Prior to that, Malia worked as the Principal Sports Podiatrist in Singapore Sports Medicine Centre and has almost 20 years of clinical experience both in the private and public health sectors.

Malia received the 2018 Opal Award for Excellence in Engagement “Multi-disciplinary Homeless Initiative” (worth \$2500). In 2021, she led the team to win the Vice Chancellor’s award for Exemplary Practice (Tier1). As an early career researcher, she has received about \$66,000 in internal and external grant funding, the latest being the Funds for Accessing Expertise Grant (worth approximately \$9000) to develop 3D printed foot models for simulation training of podiatry clinical skills.

Malia is a strong believer in inter-disciplinary collaboration and the use of technology to improve learning and teaching design and clinical practice. Her research interest lies in lower limb kinematics and kinetics, in particular, the effects of 3D printed foot orthoses on lower limb biomechanics.

## Qualifications

Education, Graduate Certificate in Tertiary and Adult Education, Central Queensland University  
Mar 2019 → Mar 2020  
Award Date: 2 Mar 2020

Physical Education and Sports Science, PhD, The effect of foot posture and foot stability in lower limb running biomechanics, Nanyang Technological University (NTU)  
Aug 2010 → Feb 2017  
Award Date: 7 Feb 2017

Research, Masters of Science, The efficacy of total contact inlays in reducing plantar pressures, National University of Singapore  
Oct 1999 → Sept 2022  
Award Date: 2 Sept 2002

Podiatry, BSc (Hons), The effect of ethnicity on foot type: A comparison of chinese and caucasian foot types, University of Salford  
Sept 1995 → Aug 1998  
Award Date: 1 Jun 1998

## Employment

### Senior Lecturer

School of Primary and Allied Health Care  
MONASH UNIVERSITY  
11 Jul 2022 → present

### Sessional lecturer

Central Queensland University  
The Range, Australia  
11 Jul 2022 → present