

Assoc Professor. Lisa O'Brien
Occupational Therapy
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Biography

Lisa is the Director, NDIA Evidence Service (Contract research for National Disability Insurance Agency) and was formerly Director of Research for the School of Primary and Allied Health Care. She is a member of the department of Occupational Therapy, teaching into Graduate Entry and Undergraduate courses.

Her research has built on her PhD (completed in 2011) which incorporated quantitative (RCT, cohort, and audit) and qualitative methods to explore the issue of treatment adherence in people with acute hand injuries. She now has two key streams of research:

Clinical research, specifically the management of upper limb injuries and limb absence

Health Services Research, including workforce design and health literacy

Qualifications

Employment

ADJUNCT ASSOCIATE PROFESSOR

Occupational Therapy

MONASH UNIVERSITY

14 Sept 2021 → present

Honorary

Alfred Hospital

Melbourne, Australia

1 Aug 2016 → present

Research output

Comparison of two relative motion extension approaches (RME with versus without an additional overnight orthosis) following zones V-VI extensor tendon repairs: A randomized equivalence trial

Hirth, M. J., Hunt, I., Briody, K., Milner, Z., Sleep, K., Chu, A., Donovan, E. & O'Brien, L., Apr 2023, In: Journal of Hand Therapy. 36, 2, p. 347-362 15 p.

The effect of transferring weekend physical therapy services from the acute to sub-acute setting in patients following hip and knee arthroplasty: a quasi-experimental study

Haas, R., Bowles, K. A., O'Brien, L. & Haines, T., 4 May 2022, In: Physiotherapy Theory and Practice. 38, 5, p. 648-660 13 p.

Variation in inpatient allied health service provision in Australian and New Zealand hospitals

Jepson, M., Sarkies, M., Haines, T. & Evidence Translation in Allied Health (EviTAH Group), Mar 2022, In: Australasian Journal on Ageing. 41, 1, p. 70-80 11 p.

Moving Past the Loss: A Longitudinal Qualitative Study of Health Care Staff Experiences of Disinvestment

Mitchell, D., O'Brien, L., Bardoel, A. & Haines, T., Feb 2022, In: Medical Care Research and Review. 79, 1, p. 78-89 12 p.

The Effectiveness of Multicomponent Functional Maintenance Initiatives for Acutely Hospitalized Older Adults: A Systematic Review and Meta-analysis

Kavanagh, A. Y., O'Brien, L. J., Maloney, S. R. & Osadnik, C. R., Jan 2022, In: *Journal of Geriatric Physical Therapy*. 45, 1, p. 50-61 12 p.

Disinvestment in the presence of uncertainty: Description of a novel, multi-group, disinvestment trial design and protocol for an application to reduce or cease use of mobilisation alarms for preventing falls in hospitals

Haines, T. P., Botti, M., Brusco, N., O'Brien, L., Redley, B., Bowles, K. A., Hutchinson, A., Mitchell, D., Jellett, J., Steen, K., Boyd, L., Mart, M. W. S., Raymond, M., Hunter, P., Russo, P., Bonnici, R., Pu, D., Sevenhuijsen, S., Davies, V. & Shorr, R., Dec 2021, In: *PLoS ONE*. 16, 12, 17 p., e0261793.

Postoperative management of zones V-VI extensor tendon repairs: A survey of practice in Malaysia and comparison to IFSHT member countries

Howell, J. W., Hirth, M. J., Chai, S. C., Brown, T. & O'Brien, L., Dec 2021, In: *Hand Therapy*. 26, 4, p. 134-145 12 p.

3D-printed custom-designed prostheses for partial hand amputation: mechanical challenges still exist

O'Brien, L. J., Cho, E., Khara, A., Lavranos, J., Lommerse, L. & Chen, C., Oct 2021, In: *Journal of Hand Therapy*. 34, 4, p. 539-542 3 p.

Effectiveness of knowledge brokering and recommendation dissemination for influencing healthcare resource allocation decisions: A cluster randomised controlled implementation trial

Sarkies, M. N., Robins, L. M., Jepson, M., Williams, C. M., Taylor, N. F., O'Brien, L., Martin, J., Bardoel, A., Morris, M. E., Carey, L. M., Holland, A. E., Long, K. M. & Haines, T. P., Oct 2021, In: *PLoS Medicine*. 18, 10, 23 p., e1003833.

Emerging professional practice areas: Focus on technology

Ciccarelli, M., Bourke-Taylor, H., Morrisby, C., Cheok, I., Callaway, L., O'Brien, L. & Barrett-Lennard, A., 19 Apr 2021, *Occupational Therapy in Australia: Professional and Practice Issues*. Brown, T., Bourke-Taylor, H. M., Isbel, S., Cordier, R. & Gustafsson, L. (eds.). 2nd ed. London UK: Taylor & Francis, p. 324-342 19 p.

Research in occupational therapy

Bourke-Taylor, H., Brown, T. & O'Brien, L., 19 Apr 2021, *Occupational Therapy in Australia: Professional and Practice Issues*. Brown, T., Bourke-Taylor, H. M., Isbel, S., Cordier, R. & Gustafsson, L. (eds.). 2nd ed. London UK: Taylor & Francis, p. 167-182 16 p.

Cost, profile, and postoperative resource use for surgically managed acute hand and wrist injuries with emergency department presentation

Robinson, L. S., Brown, T. & O'Brien, L., 1 Jan 2021, In: *Journal of Hand Therapy*. 34, 1, p. 29-36 7 p.

Postoperative hand therapy management of zones V and VI extensor tendon repairs of the fingers: An international inquiry of current practice

Hirth, M. J., Howell, J. W., Feehan, L. M., Brown, T. & O'Brien, L., 1 Jan 2021, In: *Journal of Hand Therapy*. 34, 1, p. 58-75 17 p.

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Hirth, M. J., Howell, J. W., Brown, T. & O'Brien, L., 1 Jan 2021, In: *Journal of Hand Therapy*. 34, 1, p. 76-89 13 p.

Health care staff responses to disinvestment-A systematic search and qualitative thematic synthesis

Mitchell, D., Bowles, K. A., O'Brien, L., Bardoel, A. & Haines, T., Jan 2021, In: *Health Care Management Review*. 46, 1, p. 44-54 11 p.

Effectiveness of knowledge brokering and recommendation dissemination on resource allocation decisions: cluster randomised controlled trial

Sarkies, M., Robins, L., Jepson, M., Williams, C., Taylor, N. F., O'Brien, L. J., Martin, J., Bardoel, A., Morris, M. E., Carey, L., Holland, A. E., Long, K. M. & Haines, T. P., 2021. 1 p.

Translating evidence into practice: a longitudinal qualitative exploration of allied health decision-making

White, J., Grant, K., Sarkies, M., Haines, T. & Evidence Translation in Allied Health (EviTAH) Group, 2021, In: *Health Research Policy and Systems*. 19, 1, 11 p., 38.

Capturing the costs of acute hand and wrist injuries: Lessons learnt from a prospective longitudinal burden of injury study

Robinson, L. S., Brown, T. & O'Brien, L., 1 Dec 2020, In: *Hand Therapy*. 25, 4, p. 119-129 11 p.

Outcomes after occupational therapy intervention for traumatic brachial plexus injury: A prospective longitudinal cohort study

Cole, T., Nicks, R., Ferris, S., Paul, E., O'Brien, L. & Pritchard, E., 1 Oct 2020, In: *Journal of Hand Therapy*. 33, 4, p. 528-539 12 p.

Profile and cost of sport and exercise-related hand and wrist injuries with Emergency Department presentation

Robinson, L. S., Brown, T. & O'Brien, L., Aug 2020, In: *Journal of Science and Medicine in Sport*. 23, 8, p. 683-689 7 p.

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Health professionals' perceptions of the allied health role in the acute setting following hip and knee joint replacement surgery: a qualitative study

Haas, R., O'Brien, L., Bowles, K-A. & Haines, T., 2 Jan 2020, In: *Disability and Rehabilitation*. 42, 1, p. 93-101 9 p.

Barriers and facilitators to adopting functional maintenance initiatives for acutely hospitalised older adults

Kavanagh, A. Y., O'Brien, L. J., Maloney, S. R. & Osadnik, C. R., 2020, In: *Disability and Rehabilitation*. 42, 26, p. 3808-3815 8 p.

Facilitating Adherence to the Plan of Care

O'Brien, L. J. & Robinson, L. S., 2020, *Cooper's Fundamentals of Hand Therapy: Clinical Reasoning and Treatment Guidelines for Common Diagnoses of the Upper Extremity*. Wietlisbach, C. M. (ed.). 3rd ed. St. Louis, Missouri: Elsevier - Mosby, p. 138-142 5 p.

Description and cost-analysis of emergency department attendances for hand and wrist injuries

Robinson, L. S. & O'Brien, L., Oct 2019, In: *EMA - Emergency Medicine Australasia*. 31, 5, p. 772-779 8 p.

Understanding health professional responses to service disinvestment: A qualitative study

Mitchel, D., O'Brien, L., Bardoel, A. & Haines, T., Jul 2019, In: *International Journal of Health Policy and Management*. 8, 7 , p. 403-411 9 p.

Effectiveness of interventions to improve therapy adherence in people with upper limb conditions: A systematic review

Cole, T., Robinson, L., Romero, L. & O'Brien, L., Jun 2019, In: *Journal of Hand Therapy*. 32, 2, p. 175-183.e2 11 p.

A novel counterbalanced implementation study design: Methodological description and application to implementation research

Sarkies, M. N., Skinner, E. H., Bowles, K. A., Morris, M. E., Williams, C., O'Brien, L., Bardoel, A., Martin, J., Holland, A. E. , Carey, L., White, J. & Haines, T. P., 2 May 2019, In: *Implementation Science*. 14, 1, 11 p., 45.

Recovery in the first six months after hand and upper limb burns: A prospective cohort study

Ghalayini, G., O'Brien, L. & Bourke-Taylor, H. M., Apr 2019, In: *Australian Occupational Therapy Journal*. 66, 2, p. 201-209 9 p.

Trans-disciplinary advanced allied health practitioners for acute hospital inpatients: a feasibility study

Watterson, D., Walter, K., O'Brien, L., Terrill, D., Philip, K., Swan, I. & Somerville, L., 1 Mar 2019, In: *International Journal for Quality in Health Care*. 31, 2, p. 103-109 7 p., mzy127.

Effectiveness of a weekend physiotherapy service on short-term outcomes following hip and knee joint replacement surgery: a quasi-experimental study

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The Jack Brockhoff Foundation Churchill Fellowship: To gain new knowledge regarding 3D-printed hand prostheses

O'Brien, E. J., 14 Sept 2018, Winston Churchill Trust. 28 p.

Additional weekend allied health services reduce length of stay in subacute rehabilitation wards but their effectiveness and cost-effectiveness are unclear in acute general medical and surgical hospital wards: a systematic review

Sarkies, M. N., White, J., Henderson, K., Haas, R., Bowles, J. & Evidence Translation in Allied Health (EviTAH) Group, 1 Jul 2018, In: Journal of Physiotherapy. 64, 3, p. 142-158 17 p.

Cumulative incidence of carpal instability 12-24 months after fall onto outstretched hand

O'Brien, L., Robinson, L., Lim, E., O'Sullivan, H. & Kavoudias, H., 1 Jul 2018, In: Journal of Hand Therapy. 31, 3, p. 282-286 5 p.

Effect of Psychosocial and Vocational Interventions on Return-To-Work Rates Post-Acute Myocardial Infarction: A SYSTEMATIC REVIEW

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Barriers and enablers to ongoing exercise for people with chronic health conditions: Participants' perspectives following a randomized controlled trial of two interventions

Jansons, P. S., Robins, L., Haines, T. P. & O'Brien, L., 1 May 2018, In: Archives of Gerontology and Geriatrics. 76, p. 92-99 8 p.

Implementation of evidence-based weekend service recommendations for allied health managers: A cluster randomised controlled trial protocol

Sarkies, M. N., White, J., Morris, M. E., Taylor, N. F., Williams, C., O'Brien, L., Martin, J., Bardoel, A., Holland, A., Carey, L., Skinner, E. H., Bowles, K-A., Phillip, K. & Haines, T. P., 24 Apr 2018, In: Implementation Science. 13, 1, 14 p., 60.

Gym-based exercise was more costly compared with home-based exercise with telephone support when used as maintenance programs for adults with chronic health conditions: Cost-effectiveness analysis of a randomised trial

Jansons, P., Robins, L., O'Brien, L. & Haines, T., 1 Jan 2018, In: Journal of Physiotherapy. 64, 1, p. 48-54 7 p.

Cumulative Incidence of Carpal Instability in the Second Year after a Fall onto Outstretched Hand

O'Brien, L. J., Robinson, L. & O'Sullivan, H., 2018, In: Journal of Hand Therapy. 31, 1, p. 149-149 1 p.

Designing Better 3D-Printed Hand Prostheses; a Pilot Study

O'Brien, L. J., Chen, Z., Khara, A., Yee Kim Hum, R., Yan, J., Liu, S. & Chen, C., 2018, In: Journal of Hand Therapy. 31, 1, p. 162-162 1 p.

Impact of disinvestment from weekend allied health services across acute medical and surgical wards: 2 stepped-wedge cluster randomised controlled trials

Haines, T. P., Bowles, K. A., Mitchell, D., O'Brien, L., Markham, D., Plumb, S., May, K., Philip, K., Haas, R., Sarkies, M. N., Ghaly, M., Shackell, M., Chiu, T., McPhail, S., McDermott, F. & Skinner, E. H., 1 Oct 2017, In: PLoS Medicine. 14, 10, e1002412.

Two case reports—Use of relative motion orthoses to manage extensor tendon zones III and IV and sagittal band injuries in adjacent fingers

Hirth, M. J., Howell, J. W. & O'Brien, L., 1 Oct 2017, In: Journal of Hand Therapy. 30, 4, p. 546-557 12 p.

Gym-based exercise and home-based exercise with telephone support have similar outcomes when used as maintenance programs in adults with chronic health conditions: A randomised trial

Jansons, P., Robins, L., O'Brien, L. & Haines, T., Jul 2017, In: Journal of Physiotherapy. 63, 3, p. 154 - 160 7 p.

Weekend allied health services for acute medical / surgical patients to improve efficiency and safety of patient care
Mitchell, D. F., Bowles, K-A., O'Brien, E. J., Markham, D., Plumb, S., May, K., Haas, R., Sarkies, M. N., Ghaly, M., Shackell, M., Chui, T., McPhail, S., McDermott, F. M., Skinner, E. H. & Haines, T., Jul 2017, 193 p.

What makes weekend allied health services effective and cost-effective (or not) in acute medical and surgical wards? Perceptions of medical, nursing, and allied health workers

O'Brien, L., Mitchell, D., Skinner, E. H., Haas, R., Ghaly, M., McDermott, F., May, K. & Haines, T., 12 May 2017, In: BMC Health Services Research. 17, 1, 13 p., 345.

Challenges, uncertainties and perceived benefits of providing weekend allied health services - a managers' perspective

Mitchell, D., O'Brien, L., Bardoel, A. & Haines, T., 6 Feb 2017, In: BMC Health Services Research. 17, 1, p. 1-10 10 p.

Factors predicting health status and recovery of hand function after hand burns in the second year after hospital discharge

Knight, A., Wasiak, J., Salway, J. & O'Brien, L., 1 Feb 2017, In: Burns. 43, 1, p. 100-106 7 p.

Research in occupational therapy

Bourke-Taylor, H., Brown, T. & O'Brien, L., Feb 2017, *Occupational Therapy in Australia: Professional and Practice Issues*. Brown, T., Bourke-Taylor, H., Isbel, S. & Cordier, R. (eds.). Crows Nest NSW Australia: Allen & Unwin, p. 156-173 18 p.

Interventions to achieve ongoing exercise adherence for adults with chronic health conditions who have completed a supervised exercise program: Systematic review and meta-analysis

Jansons, P. S., Haines, T. P. & O'Brien, E. J., 2017, In: Clinical Rehabilitation. 31, 4, p. 465-477 13 p.

The use of kinesio tape for the treatment of lateral epicondylitis: Results of a randomised controlled trials and qualitative study

Wegener, R., O'Brien, E. J. & Brown, G. T., 2017, In: Australian Occupational Therapy Journal. 64, S2, p. 98 1 p.

Patient and Therapist Agreement on Performance-Rated Ability Using the de Morton Mobility Index

Haas, R., Bowles, K. A., O'Brien, L. & Haines, T., 1 Dec 2016, In: Archives of Physical Medicine and Rehabilitation. 97, 12 , p. 2157-2165 9 p.

Direct, indirect and intangible costs of acute hand and wrist injuries: A systematic review

Robinson, L. S., Sarkies, M., Brown, T. & O'Brien, L., Dec 2016, In: Injury. 47, 12, p. 2614-2626 13 p.

Do daily ward interviews improve measurement of hospital quality and safety indicators? A prospective observational study

Sarkies, M. N., Bowles, K. A., Skinner, E. H., Haas, R., Mitchell, D., O'Brien, L., May, K., Ghaly, M., Ho, M. & Haines, T. P. , 1 Oct 2016, In: Journal of Evaluation in Clinical Practice. 22, 5, p. 792-798 7 p.

Early commencement of physical therapy in the acute phase following elective lower limb arthroplasty produces favorable outcomes: a systematic review and meta-analysis examining allied health service models

Haas, R., Sarkies, M., Bowles, K. A., O'Brien, L. & Haines, T., 1 Oct 2016, In: Osteoarthritis and Cartilage. 24, 10, p. 1667-1681 15 p.

Predictors of employment participation following lung transplant

Cumming, K., O'Brien, L. & Harris, J., 1 Oct 2016, In: Australian Occupational Therapy Journal. 63, 5, p. 347-351 5 p.

Relative motion orthoses in the management of various hand conditions: A scoping review

Hirth, M. J., Howell, J. W. & O'Brien, L., 1 Oct 2016, In: Journal of Hand Therapy. 29, 4, p. 405-432 28 p.

Carpal Instability After a Fall Onto Outstretched Hand An Incidence Study
O'Brien, E. J., Robinson, L. S., O'Sullivan, H. & Lim, E., Sept 2016, p. 138S. 1 p.

Do Intra-articular PIP Fractures Do Better With Swing Traction or No-Traction Protocols? A Cohort Study
O'Brien, E. J., Simm, A. T., Loh, I. W. H. & Griffiths, K. M., Sept 2016, p. 131S-132S. 2 p.

New Ways of Creating Capacity Online Training for Hand Therapists in Bangladesh
O'Brien, E. J., Broom, L. & Ullah, M. M., Sept 2016, p. 132S. 1 p.

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Bowles, K-A., Keating, J. L., O'Brien, E. J., Laird, R., Ronchi, A., Tinali, S. Al. & Haines, T., Jan 2016, 067-0116-R01 ed. Melbourne: Monash University. 55 p.

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Embracing an occupational perspective: Occupation-based interventions in hand therapy practice
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Data collection methods in health services research: hospital length of stay and discharge destination
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Education for cancer-related fatigue: Could talking about it make people more likely to report it?
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Munro, A., Lannin, N. (ed.), Little, J. & O'Brien, E. J., 2015, p. 120 - 120. 1 p.

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Knowledge of and willingness to recommend kinesiotape for upper limb overuse injuries: A comparison of therapists', GPS' and surgeons' perspectives
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Outcomes and participant experience of an online train-the-trainer program for Bangladeshi health professionals: a case study evaluation

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Problem-based learning: Best evidence in health professional education

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Study protocol for two randomized controlled trials examining the effectiveness and safety of current weekend allied health services and a new stakeholder-driven model for acute medical/surgical patients versus no weekend allied health services

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Developing hand therapy skills in Bangladesh: experiences of Australian volunteer

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Does pre-surgery education meet the needs of elective sternotomy patients? A survey from the patient's perspective
O'Brien, E. J., Froude, E. (ed.), McKeough, C. & Abbasi, R., 2013, p. 91 - 92. 2 p.

Health status of people with work-related musculoskeletal disorders in return to work programs: a Malaysian study
Murad, M. S., O'Brien, L. J., Farnworth, L. J. & Chien, C-W., 2013, In: Occupational Therapy in Health Care. 27, 3, p. 238 - 255 18 p.

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Murad, M. S., O'Brien, L. J., Farnworth, L. J. & Chien, C-W., 2013, In: Scandinavian Journal of Occupational Therapy. 20, 2, p. 101 - 110 10 p.

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The impact of a hand therapy screening and management clinic for patients referred for surgical opinion in an Australian public hospital

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The Impact of Return to Work Programs on the Health Status of Injured Workers with Work-Related Musculoskeletal Disorders: A Malaysian Study

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Murad, M., Farnworth, L. & O'Brien, L. J., 2011, In: British Journal of Occupational Therapy. 74, 5, p. 226 - 232 7 p.

Single blind, prospective, randomized controlled trial comparing dorsal aluminum and custom thermoplastic splints to stack splint for acute mallet finger

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Awards

Director, Evidence Services - Research and Evaluation Program, National Disability Insurance Agency

O'Brien, L.

National Disability Insurance Agency (NDIA): A\$121,093.50

16/03/20 → 22/09/20

Projects

3-D printed hand prosthetic devices: improving their design and delivery models

O'Brien, L., Chen, C. & Lavranos, J.

1/03/19 → 13/02/22

A Partnership for Evidence-Based Resource Allocation and Enhanced Research Translation in Allied Health

Haines, T., Bardoel, A., Carey, L. M., Holland, A., Martin, J. M., Morris, M. E., O'Brien, L., Skinner, E., Taylor, N. F. & Williams, C.

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A new approach to disinvestment: Application to falls prevention mobilisation alarms

Haines, T., Shorr, R., Botti, M. A., Brusco, N., O'Brien, L., Redley, B., Bowles, K., Hutchinson, A. M., Mitchell, D., Hunter, P., Boyd, L., Jellett, J., Raymond, M., Webb-St Mart, M. & Steen, K.
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Allied health use of iSAP for case-based and theoretical learning: Effectiveness for student learning outcomes, staffing and resource efficiency

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Monash University – Internal School Contribution
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Application of a novel research design to aid disinvestment from existing health technologies with uncertain effectiveness, cost-effectiveness and/or safety

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Director, Evidence Services - Research and Evaluation Program, National Disability Insurance Agency

O'Brien, L.
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16/03/20 → 22/09/20

Efficacy and patient acceptance of distraction splinting for complex intra-articular finger fractures

O'Brien, L.
Occupational Therapy Trust Fund
1/01/09 → 31/12/09

Epidemiology And Costs Of Sports Related Acute Hand Injuries: A Retrospective Analysis Of Two Emergency Departments In Australia

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O'Brien, L.
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Quantifying and comparing the burden of hand and wrist injuries in an Australian adult population

O'Brien, L.
Australian Hand Therapy Association Inc
1/01/16 → 31/12/17

Seating modification, back posture and change in lower back pain amongst occupational car drivers with chronic lower back pain

Haines, T., Keating, J., Laird, R. & O'Brien, L.
Victorian WorkCover Authority (VWA) (trading as WorkSafe Victoria), Transport Accident Commission (TAC) (trading as Transport Accident Commission Compensation Payments) (Victoria)
1/07/13 → 1/07/14

The Self Grasping Hand in daily practice, a pilot study

Smit, G. & O'Brien, L.
Promobilia Foundation
1/03/19 → 13/02/22