

Dr. Melinda Goodyear  
Department of Rural & Indigenous Health  
Email: melinda.goodyear@monash.edu

## Biography

Melinda's research area focuses on understanding vulnerability and resilience in families, particularly in families where there may be parental mental illness (FaPMI) or substance abuse. The central aim is to find ways to promote resilience and reduce the intergenerational effects of vulnerability in families. She is currently the project manager of the Mental Illness Research Fund Project and 'Developing an Australian-first recovery model of parents in Victoria mental health and family services', led by Associate Professor Darryl Maybery.

She has been working closely with Associate Professor Darryl Maybery and Associate Professor Andrea Reupert for the last ten years on a number of projects exploring the needs of families, and the response of the mental health service sector to better meet the needs of families where a parent has a mental illness or a dual diagnosis.

View:

Melinda's 2014 presentation to the International Bipolar Foundation: Families where a parent has a mental illness: Understanding family resilience. (Vimeo 46:32 mins)

Introduction to the Mental Illness Research Fund project: Developing an Australian-first recovery model of parents in Victoria mental health and family services. (YouTube 2:45 mins)

Melinda also has a background in Behavioural Neuroscience and recently completed her PhD in the aetiology of short-sightedness and long sightedness. Prior to that she completed a Masters of Behavioural Science in the efficacy of a new drug for the treatment of Multiple Sclerosis.

She has a number of publications across all these areas of study and is currently co-supervising three PhD students in the area of parental mental illness.

Before joining MUDRIH as a Research Fellow, she held the position of FaPMI Research and Evaluation Academic at The Bouverie Centre (La Trobe University).

## Employment

### Senior Research Fellow

Department of Rural & Indigenous Health  
MONASH UNIVERSITY  
6 Jun 2014 → present

## Research outputs

### Promoting Self-Determination in Parents With Mental Illness in Adult Mental Health Settings

Goodyear, M. J., Allchin, B., Burn, M., von Doussa, H., Reupert, A., Tchernegovski, P., Sheen, J., Cuff, R., Obradovic, A., Solantaus, T. & Maybery, D., May 2022, In: Journal of Family Nursing. 28, 2, p. 129-141 13 p.

### Integrating home treatment into the Austrian child and adolescent mental health care system: an implementation science perspective

Zechmeister-Koss, I., Goodyear, M., Grössmann, N. & Wolf, S., Mar 2022, In: Neuropsychiatrie. 36, 1, p. 28-39 12 p.

### Development of an Evidence-Informed and Codesigned Model of Support for Children of Parents With a Mental Illness—“It Takes a Village” Approach

Goodyear, M., Zechmeister-Koss, I., Bauer, A., Christiansen, H., Glatz-Grugger, M. & Paul, J. L., 31 Jan 2022, In: Frontiers in Psychiatry. 12, 16 p., 806884.

### A Sustainability Model for Family-Focused Practice in Adult Mental Health Services

Allchin, B., Weimand, B. M., O'Hanlon, B. & Goodyear, M., 18 Jan 2022, In: Frontiers in Psychiatry. 12, 8 p., 761889.

**Experimenting with Open Innovation in Science (OIS) practices: A novel approach to co-developing research proposals**  
Beck, S., Bercovitz, J., Bergenholtz, C., Brasseur, T. M., D'Este, P., Dorn, A., Doser, M., Dosi, C., Effert, A., Furtuna, R., Goodyear, M., Grimpe, C., Haeussler, C., Hans, F., Heinisch, B., Katona, N., Kleinberger-Pierer, H., Kokshagina, O., LaFlamme, M., Lawson, C. & 22 others, Lehner, P., Lifshitz-Assaf, H., Lukas, W., Marchini, S., Mitterhauser, M., Moscato, F., Nordberg, M., Norn, M. T., Poetz, M., Ponti, M., Pruschak, G., Rafner, J. F., Romasanta, A. K., Ruser, A., Sameed, M., Sauermann, H., Suess-Reyes, J., Tucci, C. L., Tuertscher, P., Sáez, R. V., Vignoli, M. & Zyontz, S., 21 Dec 2021, In: CERN IdeaSquare Journal of Experimental Innovation. 5, 2, p. 28-49 22 p.

**A qualitative inquiry into psychiatrists' perspectives on the relationship of psychological trauma to mental illness and treatment: implications for trauma-informed care**  
Isobel, S., Gladstone, B., Goodyear, M., Furness, T. & Foster, K., 2 Nov 2021, In: Journal of Mental Health. 30, 6, p. 667-673 7 p.

**Towards a Program Theory for Family-Focused Practice in Adult Mental Health Care Settings: An International Interview Study With Program Leaders**  
Bauer, A., Best, S., Malley, J., Christiansen, H., Goodyear, M., Zechmeister-Koss, I. & Paul, J., 22 Oct 2021, In: Frontiers in Psychiatry. 12, 12 p., 741225.

**Intergenerational Trauma and Its Relationship to Mental Health Care: A Qualitative Inquiry**  
Isobel, S., McCloughen, A., Goodyear, M. & Foster, K., May 2021, In: Community Mental Health Journal. 57, 4, p. 631-643 13 p.

**Editorial perspective: Prato Research Collaborative for change in parent and child mental health – principles and recommendations for working with children and parents living with parental mental illness**  
Reupert, A., Bee, P., Hosman, C., van Doesum, K., Drost, L. M., Falkov, A., Foster, K., Gatsou, L., Gladstone, B., Goodyear, M., Grant, A., Grove, C., Isobel, S., Kowalenko, N., Lauritzen, C., Maybery, D., Mordoch, E., Nicholson, J., Reedtz, C., Solantaus, T. & 4 others, Stavnes, K., Weimand, B. M., Yates, S. & Ruud, T., 2021, (Accepted/In press) In: Journal of Child Psychology and Psychiatry. 4 p.

**Continued capacity: Factors of importance for organizations to support continued Let's Talk practice – a mixed-methods study**  
Allchin, B., Weimand, B. M., O'Hanlon, B. & Goodyear, M., Dec 2020, In: International Journal of Mental Health Nursing. 29, 6, p. 1131-1143 13 p.

**Leadership perspectives on key elements influencing implementing a family-focused intervention in mental health services**  
Allchin, B., Goodyear, M., O'Hanlon, B. & Weimand, B. M., Oct 2020, In: Journal of Psychiatric and Mental Health Nursing. 27, 5, p. 616-627 12 p.

**Practitioners' application of Let's Talk about Children intervention in adult mental health services**  
Allchin, B., O'Hanlon, B., Weimand, B. M. & Goodyear, M., Oct 2020, In: International Journal of Mental Health Nursing. 29, 5, p. 899-911 13 p.

**An exploration of whether mental health nurses practice in accordance with The Family Model**  
Grant, A., Falkov, A., Reupert, A., Maybery, D. & Goodyear, M., Aug 2020, In: Archives of Psychiatric Nursing. 34, 4, p. 244-250 7 p.

**An explanatory model of factors enabling sustainability of let's talk in an adult mental health service: A participatory case study**  
Allchin, B., O'Hanlon, B., Weimand, B. M., Boyer, F., Cripps, G., Gill, L., Paisley, B., Pietsch, S., Wynne, B. & Goodyear, M., 9 Jul 2020, In: International Journal of Mental Health Systems. 14, 1, 16 p., 48.

**Familien, in denen Eltern psychisch erkrankt sind, erreichen: Nutzung von ‚big data‘ für die Planung von Präventionsansätzen**  
Zechmeister-Koss, I., Tüchler, H., Goodyear, M., Lund, I. O. & Paul, J. L., Jun 2020, In: Neuropsychiatrie. 34, 2, p. 39-47 9 p.

**Supporting children who have a parent with a mental illness in Tyrol: A situational analysis for informing co-development and implementation of practice changes**

Zechmeister-Koss, I., Goodyear, M., Tüchler, H. & Paul, J. L., 19 Apr 2020, In: BMC Health Services Research. 20, 1, 15 p., 326.

**Building research capacity in clinical practice for social workers: a training and mentorship approach**

Withington, T., Alcorn, N., Maybery, D. & Goodyear, M., 2 Jan 2020, In: Advances in Mental Health. 18, 1, p. 73-90 18 p.

**Developing research and evaluation skills in a family, parent or child health workforce**

Goodyear, M., Maybery, D., Withington, T. & Krause, J., 2 Jan 2020, In: Advances in Mental Health. 18, 1, 5 p.

**Exploring the experiences of preschool teachers working with children living with parental mental illness**

Laletas, S., Reupert, A. & Goodyear, M., 2020, (Accepted/In press) In: Early Childhood Education Journal. 15 p.

**A mixed method evaluation of an intervention for parents with mental illness**

Maybery, D., Goodyear, M., Reupert, A., Sheen, J., Cann, W., O'Hanlon, B. & Cuff, R., 1 Oct 2019, In: Clinical Child Psychology and Psychiatry. 24, 4, p. 717-727 11 p.

**A pilot efficacy study of Parents Building Solutions: A universal parenting program using co-design and strength-based approaches**

Morris, H., O'Connor, A., Cummins, J., Valentine, C., Dwyer, A., Goodyear, M. & Skouteris, H., 1 Oct 2019, In: Children and Youth Services Review. 105, 6 p., 104447.

**Psychological trauma in the context of familial relationships: A concept analysis**

Isobel, S., Goodyear, M. & Foster, K., 1 Oct 2019, In: Trauma, Violence & Abuse. 20, 4, p. 549-559 11 p.

**Impact of parental mental illness on children's HoNOSCA results in a regional child and adolescent mental health service**

Naughton, M. F. A., Maybery, D., Sutton, K. & Goodyear, M., Oct 2019, In: International Journal of Mental Health Nursing. 28, 5, p. 1053-1064 12 p.

**A narrative inquiry into global systems change to support families when a parent has a mental illness**

Isobel, S., Allchin, B., Goodyear, M. & Gladstone, B. M., 8 May 2019, In: Frontiers in Psychiatry. 10, 9 p., 310.

**Improving identification and child-focused collaborative care for children of parents with a mental illness in Tyrol, Austria**

Christiansen, H., Bauer, A., Fatima, B., Goodyear, M., Lund, I. O., Zechmeister-Koss, I. & Paul, J. L., 17 Apr 2019, In: Frontiers in Psychiatry. 10, 13 p., 233.

**Preventing intergenerational trauma transmission: A critical interpretive synthesis**

Isobel, S., Goodyear, M., Furness, T. & Foster, K., Apr 2019, In: Journal of Clinical Nursing. 28, 7-8, p. 1100-1113 14 p.

**Identity in personal recovery for mothers with a mental illness**

Hine, R. H., Maybery, D. J. & Goodyear, M. J., 8 Mar 2019, In: Frontiers in Psychiatry. 10, 12 p., 89.

**Predictors and enablers of mental health nurses' family-focused practice**

Grant, A., Reupert, A., Maybery, D. & Goodyear, M., 1 Feb 2019, In: International Journal of Mental Health Nursing. 28, 1, p. 140-151 12 p.

**Family-focused practice with EASE: A practice framework for strengthening recovery when mental health consumers are parents**

Foster, K., Goodyear, M., Grant, A., Weimand, B. & Nicholson, J., Feb 2019, In: International Journal of Mental Health Nursing. 28, 1, p. 351-360 10 p.

**Meeting the Intergenerational Needs of Families Where a Parent Has a Mental Illness**

Goodyear, M., McDonald, M., von Doussa, H., Cuff, R. & Dunlop, B., 12 Oct 2018, In: Journal of Parent and Family Mental Health. 3, 2, p. 1-3 3 p., 1.

**Resourcefulness and resilience: The experience of personal recovery for mothers with a mental illness**

Hine, R., Maybery, D. & Goodyear, M., 1 Jul 2018, In: British Journal of Social Work. 48, 5, p. 1257-1276 20 p.

**Parental mental illness: Cross-sectional analysis of family focused practice within the early childhood sector**

Laletas, S., Goodyear, M. J. & Reupert, A. E., May 2018, In: Journal of Child and Family Studies. 27, 5, p. 1650-1660 11 p.

**Prevalence of mental illness within families in a regional child-focussed mental health service**

Naughton, M. F. A., Maybery, D. J. & Goodyear, M., 1 Apr 2018, In: International Journal of Mental Health Nursing. 27, 2, p. 901-910 10 p.

**Challenges of connectedness in personal recovery for rural mothers with mental illness**

Hine, R. H., Maybery, D. & Goodyear, M. J., Apr 2018, In: International Journal of Mental Health Nursing. 27, 2, p. 672-682 11 p.

**Identity in Recovery for Mothers With a Mental Illness: A Literature Review**

Hine, R. H., Maybery, D. J. & Goodyear, M. J., Mar 2018, In: Psychiatric Rehabilitation Journal. 41, 1, p. 16-28 13 p.

**'Let's Talk About Children': Investigating the Use of a Family-focused Intervention in the Gambling Support Services Sector**

von Doussa, H., Sundbery, J., Cuff, R., Jones, S. & Goodyear, M., 1 Sep 2017, In: Australian and New Zealand Journal of Family Therapy. 38, 3, p. 482-495 14 p.

**Thinking families: A study of the characteristics of the workforce that delivers family-focussed practice**

Goodyear, M., Maybery, D., Reupert, A., Allchin, R., Fraser, C., Fernbacher, S. & Cuff, R., 1 Jun 2017, In: International Journal of Mental Health Nursing. 26, 3, p. 238-248 11 p.

**Developing an Australian-first recovery model for parents in Victorian mental health and family services: A study protocol for a randomised controlled trial**

Maybery, D. J., Goodyear, M. J., Reupert, A. E., Sheen, J. A., Cann, W., Dalziel, K. M., Tchernegovski, P., O'Hanlon, B. & Von Doussa, H. G., 26 May 2017, In: BMC Psychiatry. 17, 1, 198.

**"What do we do? This is not our area". Child care providers' experiences when working with families and preschool children living with parental mental illness**

Laletas, S., Reupert, A. E. & Goodyear, M. J., 1 Mar 2017, In: Children and Youth Services Review. 74, p. 71-79 9 p.

**Improving Service Supports and Models – the Let's Talk About Children Program and Principles Unite Local Services Assisting Recovery**

Maybery, D., Goodyear, M. & Meadows, G., 2017, In: Australian & New Zealand Journal of Psychiatry. 51, S1, p. 50-50 1 p.

**A systems approach to enhance global efforts to implement family-focused mental health interventions**

Falkov, A., Goodyear, M., Hosman, C. M. H., Biebel, K., Skogøy, B. E., Kowalenko, N., Wolf, T. & Re, E., 2 Apr 2016, In: Child & Youth Services. 37, 2, p. 175-193 19 p.

**Worker, workplace or families: What influences family focused practices in adult mental health?**

Maybery, D., Goodyear, M., Reupert, A. E. & Grant, A., Apr 2016, In: Journal of Psychiatric and Mental Health Nursing. 23, 3-4, p. 163-171 9 p.

**Differences between Irish and Australian psychiatric nurses' family-focused practice in adult mental health services**

Grant, A., Goodyear, M., Maybery, D. & Reupert, A., 2016, In: Archives of Psychiatric Nursing. 30, 2, p. 132-137 6 p.

**Family resilience in families where a parent has a mental illness**

Power, J., Goodyear, M., Maybery, D., Reupert, A., O'Hanlon, B., Cuff, R. & Perlesz, A., 2016, In: Journal of Social Work. 16, 1, p. 66-82 17 p.

**Building capacity for cross-sectorial approaches to the care of families where a parent has a mental illness**

Goodyear, M. J., Obradovic, A., Allchin, B., Cuff, R., McCormick, F. & Cosgriff, C., 2015, In: Advances in Mental Health. 13, 2, p. 153 - 164 12 p.

**Early intervention for preschool children of parents with mental illness: the evaluation of a resource for service providers**

Laletas, S., Reupert, A., Goodyear, M. & Morgan, B., 2015. 1 p.

**Goal setting in recovery: families where a parent has a mental illness or a dual diagnosis**

Maybery, D. J., Reupert, A. E. & Goodyear, M. J., 2015, In: Child & Family Social Work. 20, 3, p. 354 - 363 10 p.

**How can we make the psychiatric workforce more family focused?**

Maybery, D., Foster, K., Goodyear, M., Grant, A., Tungpunkom, P., Skogoy, B. E. & Lees, R., 2015, *Parental Psychiatric Disorder: Distressed Parents and their Families*. Reupert, A., Maybery, D., Nicholson, J., Gopfert, M. & Seeman, M. V. (eds.). 3rd ed. Cambridge UK: Cambridge University Press, p. 301-311 11 p.

**Pathways of Care: targeting the early childhood sector for early intervention**

Laletas, S., Reupert, A. E., Goodyear, M. J. & Morgan, B., 2015, In: Advances in Mental Health. 13, 2, p. 139 - 152 14 p.

**Pathways of care: pilot evaluation of an on line resource for early childhood and mental health service providers**

Laletas, S., Reupert, A. E., Goodyear, M. & Morgan, B., 2015.

**Standards of practice for the adult mental health workforce: meeting the needs of families where a parent has a mental illness**

Goodyear, M. J., Hill, T-L., Allchin, B., McCormick, F., Hine, R., Cuff, R. & O'Hanlon, B., 2015, In: International Journal of Mental Health Nursing. 24, 2, p. 169-180 12 p.

**Profession differences in family focused practice in the adult mental health system**

Maybery, D. J., Goodyear, M. J., O'Hanlon, B., Cuff, R. & Reupert, A. E., 2014, In: Family Process. 53, 4, p. 608 - 617 10 p.

**Goal setting within family care planning: families with complex needs**

Maybery, D. J., Goodyear, M. J., Reupert, A. E. & Harkness, M. K., 5 Aug 2013, In: The Medical Journal of Australia. 199, 3, p. S37-S39 3 p.

**Goal setting within family care planning: families with complex needs**

Maybery, D., Goodyear, M., Reupert, A. & Harkness, M., 2013, In: The Medical Journal of Australia. 199, 3 Suppl, p. 37 - 39 3 p.

**Engaging with, and understanding children whose parents have a dual diagnosis**

Reupert, A., Goodyear, M. J. & Maybery, D., 2012, In: Child and Adolescent Mental Health. 17, 3, p. 153 - 160 8 p.

**Sequential quantitative x-ray elemental imaging of frozen-hydrated and freeze-dried biological bulk samples in the SEM**

Marshall, A., Goodyear, M. & Crewther, S., 2012, In: Journal of Microscopy. 245, 1, p. 17 - 25 9 p.

#### **The family-focused mental health practice questionnaire**

Maybery, D., Goodyear, M. & Reupert, A., 2012, In: Archives of Psychiatric Nursing. 26, 2, p. 135 - 144 10 p.

#### **Light modulation, not choroidal vasomotor action, is a regulator of refractive compensation to signed optical blur**

Murphy, M., Crewther, D., Goodyear, M. & Crewther, S., 2011, In: British Journal of Pharmacology. 164, 6, p. 1614 - 1626 13 p.

#### **Spatial and temporal dissociation of AQP4 and Kir4.1 expression during induction of refractive errors**

Goodyear, M. J., Crewther, S. G., Murphy, M. J., Giummarra, L., Hazi, A., Junghans, B. M. & Crewther, D. P., 2010, In: Molecular Vision. 16, p. 1610 - 1619 10 p.

#### **A role for aquaporin-4 in fluid regulation in the inner retina**

Goodyear, M. J., Crewther, S. G. & Junghans, B., 2009, In: Visual Neuroscience. 26, 2, p. 159 - 165 7 p.

#### **Australian programs and workforce initiatives for children and their families where a parent has a mental illness**

Reupert, A. E., Goodyear, M. J., Eddy, K., Alliston, C., Mason, P., Maybery, J. D. & Fudge, E., 2009, In: Australian e-Journal for the Advancement of Mental Health. 8, 3, p. 1 - 9 9 p.

#### **CHAMPS: A peer support program for children of parents with a mental illness**

Goodyear, M. J., Cuff, R., Maybery, J. D. & Reupert, A. E., 2009, In: Australian e-Journal for the Advancement of Mental Health. 8, 3, p. 1 - 9 9 p.

#### **Investigating the strengths and difficulties of children from families with a parental mental illness**

Maybery, J. D., Reupert, A. E., Goodyear, M. J., Ritchie, R. & Brann, P., 2009, In: Australian e-Journal for the Advancement of Mental Health. 8, 2, p. 1 - 10 10 p.

#### **Prevalence of parental mental illness in Australian families**

Maybery, D. J., Reupert, A. E., Patrick, K., Goodyear, M. & Crase, L., 2009, In: Psychiatric Bulletin. 33, 1, p. 22 - 26 5 p.

#### **Taking a closer look: A cross-sector audit of families where a parent has a mental illness**

Fernbacher, S., Goodyear, M. J. & Farhall, J., 2009, In: Australian e-Journal for the Advancement of Mental Health. 8, 3, p. 1 - 8 8 p.

#### **The kids coping scale**

Maybery, J. D., Steer, S., Reupert, A. E. & Goodyear, M. J., 2009, In: Stress and Health. 25, 1, p. 31 - 40 10 p.

#### **A role for aquaporin-4 during induction of form deprivation myopia in chick**

Goodyear, M. J., Junghans, B., Giummarra, L., Murphy, M. J., Crewther, D. P. & Crewther, S. G., 2008, In: Molecular Vision. 14, p. 298 - 307 10 p.

#### **Research and evaluation with children and young people whose parents have a mental illness**

Maybery, J. D., O'Brien, M., Goodyear, M. J. & Reupert, A. E., 2004, *Harvesting Hope Across the Lifespan*. Kellehear, K., Teeson, M., Miller, V., Issakidis, C., Hanlon, P., Robertson, S., Farhall, J., Peters, J., Wieland, B., Garvin, S., Lloyd, C. & Robinson, P. (eds.). Balmain NSW 2041: The MHS Learning Network, p. 302 - 308 7 p.

#### **Tolerance induction by molecular mimicry: prevention and suppression of experimental autoimmune encephalomyelitis with the milk protein butyrophilin**

Mana, P., Goodyear, M., Bernard, C. C. A., Tomioka, R., Freire-Garabal, M. & Linares, D., 2004, In: International Immunology. 16, 3, p. 489 - 499 11 p.

#### **The magnitude and encephalogenic potential of autoimmune response to MOG is enhanced in MOG deficient mice**

Linares, D., Mana, P., Goodyear, M., Chow, A. M., Clavarino, C., Huntington, N. D., Barnett, L., Koentgen, F., Tomioka, R., Bernard, C. C. A., Freire-Garabal, M. & Reid, H. H., 2003, In: Journal of Autoimmunity. 21, 4, p. 339 - 351 13 p.

**Bungy-jumping through life: What young people say promotes well-being and resilience**

Fuller, A., McGraw, K. & Goodyear, M., 1999, In: Australian Journal of Guidance and Counselling. 9, 1, p. 159-168 10 p.

## **Projects**

**Developing an Australian-first recovery model for parents in Victorian mental health and family services**

Maybery, D., Cann, W., Cuff, R., Dalziel, K., Goodyear, M., Mildon, R., O'Hanlon, B., Reupert, A. & Sheen, J.  
Department of Health (DH) (Victoria)

7/06/13 → 6/06/17

**Evaluation Support for the National Workforce Centre for Child Mental Health**

Goodyear, M., Maybery, D., Beauchamp, A. & Allchin, B.

Emerging Minds

1/06/21 → 30/06/22

**How to raise the village to raise the child**

Paul, J., Zechmeister-Koss, I., Bauer, A., Goodyear, M., Fatima, B., Lund, I. O. & Christiansen, H.

1/02/18 → 31/08/22

**"Educational engagement for young people who care for parents with mental ill health" research project**

Goodyear, M.

1/12/19 → 30/06/21

## **Impacts**

**Program Evaluation training and mentoring**

Melinda Goodyear (Participant)

**Standards of Practice for adult mental health services in working with families where a parent has a mental illness**

Melinda Goodyear (Participant)